

**Universiteit Leiden** 

# **Shift-Symmetric Orbital Inflation**

## single field or multi-field?

based on *arXiv: 1901.03657* with A. Achucarro, E. Copeland, O. Iarygina, G. Palma and Y. Welling; and *arXiv: 1907.xxxx* with A. Achucarro, G. Palma and Y. Welling

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## The success of single field slow-roll inflation

- $\star$  solved the horizon problem and flatness problem
- \* quantum fluctuations of inflaton lead to structure formation



- Consistent with current CMB results
  - nearly scale-invariant curvature perturbation
  - small tensor-to-scalar ratio
  - small non-Gaussianity
  - small isocurvature modes

## **Theoretical Challenges**

- the realisation of inflation in fundamental theories

### String inflation as an example



### String inflation as an example



## From the phenomenological perspective...



## Outline

Multi-field inflation in a nutshell

- non-geodesic traj, isocurvature mass & self-interaction

- Shift-symmetric orbital inflation
  - model, perturbations & pheno

#### Small non-Gaussianity in multi-field models

- suppressed self-interaction & a scaling transformation
- Outlook and discussion
  - theoretical implications

## Multi-field inflation in a Nutshell

From the perspective of fundamental realization, *ALL* the inflation models are essentially multi-field.



They can be effectively described by a single scalar field only if:

- 1) Inflaton rolls along the geodesics of the field space;
- 2) the extra fields are very heavy and can be integrated out

## Perturbations in multi-field inflation

 $\phi^{a}(t, \mathbf{x}) = \phi^{a}_{0}(t + \pi) + N^{a}(t + \pi)\sigma$   $\phi^{a}_{0}(t)$   $N^{a}$ background
trajectory  $\phi^{a}_{0}(t + \pi(t, \mathbf{x}))$ 

 $\Gamma$  curvature modes  $\mathcal{R} = H\pi$ 

l isocurvature modes  $\sigma$ 

$$S = \int d^4x \, a^3 \left[ \epsilon (\dot{\mathcal{R}} - \alpha \sigma)^2 - \frac{\epsilon}{a^2} \, (\nabla \mathcal{R})^2 + \frac{1}{2} \left( \dot{\sigma}^2 - \frac{1}{a^2} (\nabla \sigma)^2 \right) - \frac{1}{2} \mu^2 \sigma^2 \right]$$

## Perturbations in multi-field inflation



## Perturbations in multi-field inflation



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## **Different regimes of multi-field inflation**



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#### How about light fields m<<H vigorously coupled to inflaton?

(which is more common in the fundamental perspective)

UV origin







moduli fields after string compactification without stabilisation

pseudo-Goldstone fields living in the coset space *G/H* after spontaneous symmetry breaking

#### How about light fields m<<H vigorously coupled to inflaton?

(which is more common in the fundamental perspective)



## Do not go gentle into that "good" regime!

large isocurvature perturbations



large local non-Gaussianity

### One counter-example: *multi-field α*-attractors

Achucarro, Kallosh, Linde, DGW & Welling 2017



"rolling on the ridge"

$$3H\dot{\varphi} \simeq -\frac{2\sqrt{2}}{\sqrt{3\alpha}}V_{\rho}e^{-\sqrt{\frac{2}{3\alpha}}\varphi}$$
$$\frac{\dot{\theta}}{H} \simeq -\frac{8}{3\alpha}\frac{V_{\theta}}{V}e^{-2\sqrt{\frac{2}{3\alpha}}\varphi}$$

non-geodesic motion, significant multi-field effects

Only the radial field contributions dominate in the final curvature perturbation

$$\zeta = \delta N = \frac{\partial N}{\partial \varphi} \delta \varphi + \frac{\partial N}{\partial \theta} \delta \theta + \frac{1}{2} \frac{\partial^2 N}{\partial \varphi^2} \delta \varphi^2 + \frac{1}{2} \frac{\partial^2 N}{\partial \theta^2} \delta \theta^2 + \frac{\partial^2 N}{\partial \theta \partial \varphi} \delta \theta \delta \varphi$$
$$n_s = 1 - \frac{2}{N} \quad \text{and} \quad r = \frac{12\alpha}{N^2} \int f_{\rm NL} \simeq \frac{5}{6} \frac{\partial^2 N}{\partial \varphi^2} \Big/ \left(\frac{\partial N}{\partial \varphi}\right)^2 \simeq \frac{5}{6N}$$

[See more about  $\alpha$ -attractors in Andrei's talk]

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## Shift-symmetric orbital inflation

inflaton trajectory along an 'angular' isometry direction with *arbitrary* 'radius'.

#### as another counter-example

## Shift-symmetric orbital inflation — a toy model

Two-field Lagrangian

$$\mathcal{L} = \frac{1}{2} \left[ \rho^2 (\partial \theta)^2 + (\partial \rho)^2 \right] - \frac{1}{2} m^2 \left( \theta^2 - \frac{2}{3\rho^2} \right)$$

flat field space spiral-like potential

Exact and stable solutions for the trajectory

$$\rho = \rho_0, \quad \dot{\theta} = \pm \sqrt{\frac{2}{3}} \frac{m}{\rho_0^2},$$

The transformation which connects all the trajectories

$$\rho_c = \rho_0 + c, \quad (\theta_c^2)' = \frac{(\theta_0^2)'}{(1 + c/\kappa)^2}$$

The indicated combined shift symmetry for perts

$$\sigma \to \sigma + c, \quad \mathcal{R}' \to \mathcal{R}' + \frac{2}{\kappa}c$$

(massless) (growing solution)

## Shift-symmetric orbital inflation — basic setup

We begin with a two-field kinetic term with nontrivial field space metric

 $-\frac{1}{2}\left(f(\rho)\partial_{\mu}\theta\partial^{\mu}\theta + \partial_{\mu}\rho\partial^{\mu}\rho\right)$ 

Next, we require the inflaton moves in the *isometry* direction, i.e.

 $\theta = \theta(t), \quad \rho = \text{const.} \quad \text{for any } \rho$ 

Then via Hamilton-Jacobi formalism, this orbital trajectory gives us

$$V = 3H^2 - 2\frac{H_{\theta}^2}{f(\rho)}$$

A class of exact background solutions

$$\dot{\theta} = -2\frac{H_{\theta}}{f}, \quad \rho = \rho_0$$

neutrally stable

a new type of multi-field attractor!

> constant turning with radius  $\kappa = 2f/f_{
ho}$ 

## Shift-symmetric orbital inflation — perturbations

Isocurvature modes become exactly massless and freeze on superhorizon scales

$$\mu^2 \equiv V_{NN} + \epsilon H^2 \left( \mathbb{R} + 6/\kappa^2 \right) = 0 \qquad \sigma_k = \frac{H_*}{2\pi}$$

Curvature perturbation is sourced by isocurvature and grows on superhorizon scales



## Shift-symmetric orbital inflation — perturbations

Final power spectrum of curvature perturbation

$$P_{\mathcal{R}} = \frac{H_*^2}{8\pi^2\epsilon_*} \left(1 + \mathcal{C}\right)$$

 $C = 8\epsilon_* N_*^2/\kappa^2$  represents the isocurvature contributions isocurvature power spectrum with  $S \equiv \sigma/\sqrt{2\epsilon}$   $P_S = \frac{H_*^2}{8\pi^2\epsilon}$ 

The interesting regime

$$\mathcal{C} \gg 1$$
  $\checkmark$   $8\epsilon_* \ll \kappa^2 \ll 8\epsilon_* N_*^2$ 

(small kappa / significant turning effects)

Only one DoF (isocurvature one) is responsible for the observed curvature perturbation Isocurvature perturbations are dynamically suppressed

$$P_{\mathcal{S}}/P_{\mathcal{R}} \simeq 1/\mathcal{C} \ll 1$$

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## Shift-symmetric orbital inflation — phenomenology

Consider a concrete potential with  $\ H \sim \theta^p$ 



$$r \simeq \frac{8p}{N_*} \qquad \qquad n_s - 1 \simeq -\frac{p+1}{N_*}$$

ho For the interesting regime with significant turning (small kappa)  $\ {\cal C} \gg 1$ 

$$r = 2\kappa^2 / N_*^2 = 16\epsilon_* / \mathcal{C}$$
  $n_s - 1 = -(p+2) / N_*$ 

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## Shift-symmetric orbital inflation — non-Gaussianity

Solving the exact models in terms of e-folds

$$N=f(\rho)\theta^2/4p-p/2$$

#### <u>δN formalism</u>

$$f_{\rm NL}^{\delta N} = \frac{5}{6} \left( \frac{N_{\theta}^2 N_{\theta \theta}}{f(\rho)^2} + N_{\rho}^2 N_{\rho \rho} + \frac{N_{\rho} N_{\theta} N_{\rho \theta}}{f(\rho)} \right) / \left( \frac{N_{\theta}^2}{f(\rho)} + N_{\rho}^2 \right)^2$$
$$f_{\rm NL}^{\rm loc} = \frac{5}{12} \eta_* \left[ 1 - \frac{\mathcal{C}^2}{(1+\mathcal{C})^2} \frac{\kappa^2 \mathbb{R}}{2} \right] \qquad \mathcal{C} = 8\epsilon_* N_*^2 / \kappa^2$$

Single field regime  $\mathcal{C} = 2p^2/(\epsilon_*\kappa^2) \rightarrow 0$ 

$$f_{\rm NL}^{\rm loc} = \frac{5}{12}\eta_*$$

 $\triangleright$  When turning is significant  $\mathcal{C} \gg 1$ 

$$f_{\rm NL}^{\rm loc} \simeq \frac{5}{6} \frac{N_{\rho\rho}}{N_{\rho}^2} = \frac{5}{12} \eta_* \left( 1 - \frac{\kappa^2 \mathbb{R}}{2} \right)$$

 $\triangleright$  For the intermediate regime  $\ \mathcal{C} \sim \mathcal{O}(1)$ 

$$f_{\rm NL}^{\rm loc} \sim -5p\mathbb{R}/12$$

Still slow-roll

# Small non-Gaussianity in multi-field inflation In general, can we neglect the isocurvature self-interaction? small isocurvature mass $\mu^2 \equiv V_{NN} + \epsilon H^2 \mathbb{R} + 3\Omega^2$ small isocurvature $\lambda = V_{NNN} + ...$

**Scaling transformation** as the origin of the ultra-light field



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### Small non-Gaussianity in multi-field inflation

Consequence of the scaling transformation

 $\mathcal{F}_S(x) = \mathcal{F}'(e^{\mathcal{F}_L}x).$ 

$$\langle \mathcal{F}_S(\mathbf{k}_1) \mathcal{F}_S(\mathbf{k}_2) \mathcal{F}_L(\mathbf{k}_3) \rangle_{\mathrm{sq}} = (2\pi)^3 \delta^{(3)} (\sum_i \mathbf{k}_i) (1 - n_{\mathcal{F}}) P_{\mathcal{F}}(k_L) P_{\mathcal{F}}(k_s).$$

$$\int_{\zeta}^{\zeta} \mathcal{L}_{int} \sim \lambda_{\zeta} \sigma^{3}$$

Squeezed bispectrum of curvature perts:

 $\lim_{k_l/k_s \to 0} \langle \mathcal{R}(k_l) \mathcal{R}(k_s) \mathcal{R}(k_s) \rangle = (1 - n_{\mathcal{F}}) \left( \frac{n}{\epsilon_* R_0} \right)^3 P_{\mathcal{F}}(k_l) P_{\mathcal{F}}(k_s) + \left( \frac{n}{\epsilon_* R_0} \right)^4 \left( \frac{2\epsilon_*}{n} + \eta_* \right) P_{\mathcal{F}}(k_l) P_{\mathcal{F}}(k_s) \\ \approx \left( \frac{2\epsilon_*}{n} + \eta_* \right) P_{\mathcal{R}}(k_l) P_{\mathcal{R}}(k_s) .$ 

To appear soon, Achucarro, Palma, DGW, Welling

## Small non-Gaussianity in multi-field inflation

Consequence of the scaling transformation

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Squeezed bispectrum of curvature perts:

isocurvature self-interaction

superhorizon effects

 $\mathcal{L}_{int}$ 

$$\lim_{k_l/k_s \to 0} \langle \mathcal{R}(k_l) \mathcal{R}(k_s) \mathcal{R}(k_s) \rangle = (1 - n_{\mathcal{F}}) \begin{pmatrix} n \\ \epsilon_* R_0 \end{pmatrix} P_{\mathcal{F}}(k_l) P_{\mathcal{F}}(k_s) + \left(\frac{n}{\epsilon_* R_0}\right)^4 \left(\frac{2\epsilon_*}{n} + \eta_*\right) P_{\mathcal{F}}(k_l) P_{\mathcal{F}}(k_s) \\ \approx \left(\frac{2\epsilon_*}{n} + \eta_*\right) P_{\mathcal{R}}(k_l) P_{\mathcal{R}}(k_s) .$$

To appear soon, Achucarro, Palma, DGW, Welling

One generic lesson: local non-G is negligible if

- 1) *only one* DoF is responsible for the final curvature perts;
- 2) the self-interaction of this DoF is small.

## Final Remarks on shift-symmetric orbital inflation

 Only one degree of freedom (the one with isocurvature origin) is responsible for observational predictions;

 $\mathcal{C} \gg 1$ 

- Its phenomenology mimics the one of single field inflation
  - Non-Gaussianity is negligible, even though the interaction between curvature and isocurvature perts is big (small isocurvature self-interaction)
- Future observations on isocurvature modes may help us to distinguish singlefield and our model, but it relies on the details of reheating;
- Generalization: exact solvable multi-field system without shift-symmetry;
   Orbital inflation [Achucarro, Welling 2019]
- Possible connection with other multi-field attractors, swampland conjectures?
   [Christodoulidis, Sfakianakis, Roest 2019], [Aragam, Paban, Rosati 2019]
- UV origin of the combined shift symmetry / ultra-light fields?

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## Take home message

This new regime of multi-field attractors tells us ...



#### we should have the courage to dive into the UV completion of inflation with unstablized light fields :-)

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